

ECUADOR + GALAPAGOS

2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale on our online store. These items are marked with an "x" in the appropriate column.

[You can shop the Ecuador + Galapagos Clothing + Equipment List on the Gear Store!](#)

Keep in mind you will experience several different climates throughout the trip. Warm layers are very important as evening temperatures can dip down into the low 40s. Layering is essential, so be sure you have all of the required items on this list.			
EQUIPMENT			
Gear	Quantity	Purchase	Description
Backpacks & Bags			
Duffel Bag	1		70-liter duffel (Recommendation: Patagonia Black Hole Duffel 70 L or North Face Base Camp M duffel 71L)
Day Pack	1	x	20 – 30 liter daypack /school backpack to carry your rain jacket, water bottle and snacks (Recommendation: Patagonia Refugio Pack 26 L or Sea to Summit Ultra-Sil Day Pack)
Stuff Sack	1		Extra nylon stuff sack (sleeping bag size) for dirty clothes storage
Additional Equipment			
Water Bottles	2	x	Minimum 32oz water bottles (Recommendation: Nalgene 1L wide mouth)
Sleeping Bag Liner	1	x	Silk, cotton, or synthetic. Sleeping bag liner/travel sheet isn't required, but is nice to have (Recommendation: Sea to Summit Expander Travel Liner)
Headlamp	1		With fresh batteries + 2 sets of spare batteries (Recommendation: Black Diamond Spot or Black Diamond Storm)
Sunglasses	1		With 100% UV protection (
Sunglasses holders	1		(Recommendations: Crookies or Chums)
FOOTWEAR & CLOTHING			
Gear	Quantity	Purchase	Description
Footwear			
Trail/Tennis Shoes	1		A pair of comfortable, closed-toed, sturdy shoes.
River Shoes	1		These can be open-toed, but do need to have a back strap (Recommendation: Chaco , Teva , Keen)
Flip-Flops/Crocs	1		Backless, comfortable shoes that can get wet
Socks	6 Pair		Non-cotton, lightweight hiking socks (Recommendation: Smartwool or Darn Tough)
Upper Body Layers			
Long Underwear / Base Layer Top	1		Synthetic, non-cotton, medium-weight long sleeve top (Recommendation: Patagonia Capilene Crew or Patagonia Tropic Comfort Hoody)
T-shirts	4		Minimum of 2 synthetic, non-cotton t-shirts (Recommendation: Patagonia Capilene T-Shirt , Marmot Windridge), other shirts may be cotton
Lightweight Top	1		Synthetic, non-cotton. This can be a fleece pullover, sweater or a full-zip jacket (Recommendation: Patagonia R1 fleece)

Fleece Jacket	1		Synthetic, non-cotton. This needs to be heavier than the lightweight top (<i>Recommendation: Patagonia Synchilla or R2 Jacket</i>)
Rain Jacket w/ Hood	1		100% waterproof rain jacket with a hood - no ponchos! (<i>Recommendations: Patagonia Torrentshell or Marmot Precip</i>)
Sports Bras	4		For girls
Lower Body Layers			
Quick-dry Shorts	3		Synthetic, non-cotton shorts (<i>Recommendation: Patagonia Baggies</i>)
Bathing Suits	2		Boys: your quick-dry shorts can double as your bathing suit
Long Pants	2		Minimum 1 pair of synthetic, non-cotton hiking pants, but the other pair may be cotton
Rain Pants	1		100% Waterproof pants large enough to fit over regular pants
Yoga pants	1 - 2	x	For girls, if you prefer to wear them (<i>Recommendation: Women's Performance Jogger</i>)
Underwear	8		Synthetic, non-cotton are best (but a couple cotton pairs are okay)
Head & Hands			
Warm Hat	1		Wool or fleece, non-cotton beanie
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection
Work Gloves	1		An inexpensive pair of basic work or gardening gloves for the community service project
NOTE: You can expect to get your clothes dirty during your community service section, so keep that in mind when choosing specific clothing and footwear items.			
PERSONAL ITEMS / MISCELLANEOUS			
Gear	Quantity	Purchase	Description
Toiletries			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant (<i>Recommendation: Patagonia Black Hole Cube 6L – M</i>)
First Aid Kit*	1		Contains: Insect repellent, , reef safe waterproof sunscreen (Kokua, Thinksport, Stream2Sea), Band-aids, Moleskin, Chapstick w/ sun prevention, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer
Prescription glasses + Contacts	2 pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts.
*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication			
Miscellaneous			
Wallet	1		Personal wallet with \$150 spending money and valid identification
Passport + copies	1 + 2 copies		Passport (valid for 6 months after the last day of your trip) + 2 additional photocopies of your passport
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
Bandana / Buff	2	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband! (<i>Recommendation:Moondance Buff</i>)

Pack Towel	1	x	Absorbent & quick to dry, large or extra-large is ideal (<i>Recommendation: Sea to Summit Drylite Towel</i>)
Beach Towel	1		One (1) regular beach towel

OPTIONAL GEAR			
Gear	Quantity	Purchase	Description
Digital Camera*	1		With charger & international adapter or batteries, and a 32-64 GB memory card (<i>Recommendation: Canon PowerShot G9X</i>)
Go Pro	1	x	With charger and 32-64 GB memory card
A good book	1		Paperback books are less bulky
Notebook with pen	1		For journaling
Spanish / English dictionary	1		Helpful tool
Binoculars	1		For wildlife viewing in the Galapagos
Personal Protective Equipment: Mask	2		Two (2) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter.
*Since we don't allow cell phones during our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer.			

Questions? Please reach out to: admissions@moondanceadventures.com

PACKING TIPS
<p>NOTE: In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:</p> <ul style="list-style-type: none"> • A change of clothes (underwear + t-shirt + shorts or pants) • Your rain jacket • Prescription medications & toothbrush • Passport, ID, money • COVID-19 Vaccination Card • Personal Protective Equipment: Mask (2) • Completed International Travel Authorization form <p>These items are already included in the packing list – they are not additional items!</p>
LODGING / TRIP INFORMATION
<p>SLEEPING ARRANGEMENTS: During your trip you will stay in a variety of community stays, hotels, and hostels (all single gender rooms).</p> <p>EATING ARRANGEMENTS: Eating utensils (plates and cutlery) will be provided throughout the trip.</p> <p>If you have any special dietary restrictions/ considerations, please contact the Moondance office for further information.</p>